

| AK | Strecke | Anzahl der Sportler | Anzahl Paare | | Time | | Planning | |
|----------------|---------|---------------------|--------------|----------|----------|------------|--------------|--------------|
| | | | | | compet. | iceprepar. | start | end |
| Women | 1000m | 20 | 5 | 00:03:00 | 00:15:00 | | 09:00 | 09:15 |
| Men | 1000m | 18 | 5 | 00:02:45 | 00:13:45 | | 09:15 | 09:28 |
| Men | 1500m | 18 | 5 | 00:03:30 | 00:17:30 | | 09:28 | 09:46 |
| Icepreparation | | | | | | 00:25 | 09:46 | 10:11 |
| Women | 3000m | 20 | 5 | 00:06:30 | 00:32:30 | | 10:11 | 10:43 |
| Men | 3000m | 18 | 5 | 00:06:30 | 00:32:30 | | 10:43 | 11:16 |
| Icepreparation | | | | | | 00:25 | 11:16 | 11:41 |
| Men | 5000m | 18 | 5 | 00:09:15 | 00:46:15 | | 11:41 | 12:27 |

1000m Quartettstart (Transponder)

| Q | Paar | Bahn | Name | Nat | Transponder |
|---|------|------|--------------------------|-----|-------------|
| 1 | 1 | I | Susanne VANGEN STENSVAAG | NOR | 099 100 |
| | | O | Gertraud BUDDE | GER | 007 008 |
| - | 2 | I | Iris MANTHEE | GER | 069 070 |
| | | O | Nadine WEBER | SUI | 109 110 |
| 2 | 3 | I | Peggy HERSCHKE | GER | 039 040 |
| | | O | Monica CAIS | ITA | 011 012 |
| - | 4 | I | Heike FERRANG | GER | 023 024 |
| | | O | Ute ZILLMANN | GER | 119 120 |
| 3 | 5 | I | Katrin LESCHNER | GER | 065 066 |
| | | O | Rolien DE GROOT | NED | 015 016 |
| - | 6 | I | Jojanneke SCHEEPSTRA | NED | 087 088 |
| | | O | Sophie KÄMPFER | GER | 049 050 |
| 4 | 7 | I | Juliane SANDECK | GER | 085 086 |
| | | O | Anke PREUSS | GER | 079 080 |
| - | 8 | I | Marie SCHICKLER | GER | 089 090 |
| | | O | Marlies DE JONG | NED | 121 122 |
| 5 | 9 | I | Teresa SCHNEIDER | GER | 093 094 |
| | | O | Sandra BOCKJE | GER | 003 004 |
| - | 10 | I | Darja PTITSÖNA | EST | 081 082 |
| | | O | Katrin ZEHMISCH | GER | 115 116 |

1000m Quartettstart (Transponder)

| Q | Paar | Bahn | Name | Nat | Transponder |
|---|------|------|------------------------|-----|-------------|
| 1 | 1 | I | Volker HERTING | GER | 041 042 |
| | | O | Marcello BRESIN | ESP | 005 006 |
| 2 | 3 | I | Arda CAGAPTAY | GER | 009 010 |
| | | O | Klaus-Dieter LANGEN | GER | 057 058 |
| - | 4 | I | Oliver SCHIRMER | GER | 091 092 |
| | | O | Frank THOMAS | GER | 097 098 |
| 3 | 5 | I | Mircea VRANCEANU | GER | 105 106 |
| | | O | Johan METTING VAN RIJN | SUI | 071 072 |
| - | 6 | I | Michael PAWLIK | GER | 073 074 |
| | | O | Holger ZEHMISCH | GER | 113 114 |

| | | | | | |
|---|----|---|------------------|-----|---------|
| 4 | 7 | I | Dennis LAUBHAN | GER | 059 060 |
| | | O | Lucas ICASATTI | ARG | 045 046 |
| - | 8 | I | Thomas VOSWINKEL | NED | 103 104 |
| | | O | André MAMMITZSCH | GER | 067 068 |
| 5 | 9 | I | Hans Arne FRODAL | NOR | 027 028 |
| | | O | Lukas DROEMER | GER | 017 018 |
| - | 10 | I | Arjan ELFERINK | NED | 019 020 |
| | | O | Rene VAN BERNUM | GER | 123 124 |

1500m Quartettstart (Transponder)

| Q | Paar | Bahn | Name | Nat | Transponder |
|---|------|------|------------------------|-----|-------------|
| 1 | 1 | I | Hans-Gerd HEYNE | GER | 043 044 |
| | | O | Volker HANNIG | GER | 033 034 |
| 2 | 3 | I | Olav LANGELAND | NOR | 055 056 |
| | | O | Stephan HAUEISEN | GER | 035 036 |
| - | 4 | I | Sven GRUHL | GER | 031 032 |
| | | O | Markus PETSCHACHER | AUT | 075 076 |
| 3 | 5 | I | Roman FELIX | GER | 021 022 |
| | | O | Per Gunnar STENSVAAG | NOR | 095 096 |
| - | 6 | I | Eduard ZEPP | GER | 117 118 |
| | | O | Thomas RUMPF | GER | 083 084 |
| 4 | 7 | I | Daniel YEOW | AUS | 111 112 |
| | | O | Pekka AHO | FIN | 001 002 |
| - | 8 | I | Nathan LEIMEROOTH | SUI | 061 062 |
| | | O | Jörg WAGNER | GER | 107 108 |
| 5 | 9 | I | Adrian CALLIES | GER | 013 014 |
| | | O | Andre HELD-ENGELBRECHT | GER | 037 038 |
| - | 10 | I | Pieter-Jorn GEMSER | NED | 029 030 |
| | | O | Tjard KOPKA | GER | 051 052 |